



RESILIENCE PROGRAM

OFFERING SURVIVING MINORS A 2ND CHILDHOOD.

One belongs to one's childhood as one belongs to one's country.
Antoine de Saint-Exupéry

RESILIENCE STAYS: A TIME-SPACE TO REBUILD ONESELF

In 2013, a scientific study conducted at the University of Koblenz measured and recognized the positive impact of Innocence en Danger's resilience stays.

Since 2002, Innocence in Danger International has welcomed nearly 2,000 child victims of sexual abuse. Our organization is a pioneer in resilience programs for child victims of sexual violence.

BENEFITS FOR BOTH CHILD AND PROTECTIVE PARENT

Resilience stays welcome children and protective parents, supervised by psychologists. They take part in a varied program of artistic and sporting activities. In this supportive environment, children and their protective parents learn to rebuild their lives despite the trauma of abuse.

OVERCOMING TRAUMA THROUGH ART THERAPY

Artistic mediation is provided by experienced professionals. Its aim is to develop the child's expressive and relational capacities, in a relaxed and reassuring atmosphere. Art therapy enables children to express their feelings, emotions or fears through their creative work, whatever the medium used (painting, drawing, sculpture, etc.). They will then learn to understand themselves better, and begin to make the inner changes necessary for their psychological well-being.

1 in 5 children is a victim of sexual violence, according to the Council of Europe.

People who have been sexually abused as children are one-and-a-half times more likely to develop serious physical, emotional and psychological health problems.

Sexual assault can permanently affect every aspect of the victim's life.

According to recent studies, a victim's DNA is altered over 3 generations.

REGAINING SELF-CONFIDENCE THROUGH EQUITHERAPY

The aim of equine mediation is not performance, but the development of skills and abilities that the child has buried as a result of various blockages. Therapeutic benefits have been observed thanks to this type of approach.

REGAINING SELF-CONFIDENCE THROUGH SELF-DEFENSE WORKSHOPS FOR CHILDREN AND PARENTS

In these workshops, parents and children learn the essential basics of self-defense using «I am my bodyguard» techniques. This workshop is essential for building self-confidence and reclaiming one's body.

A UNIQUE AND RECOGNIZED METHOD

Innocence in Danger's resilience programs offer children artistic and playful activities. Each child's problems are tackled constructively, mobilizing their inner resources.

**INNOCENCE IN DANGER
ORGANIZATION TEAM**

Homayra SELLIER : President
and Founder of Innocence in
Danger International.

Therapeutic and sports team:

Clinical psychologist specialized
in psychotrauma and equine
mediation.
Art therapist.
Hypnotherapist.
Sophrologist.
Equitherapist.
Sports educator.

ESTIMATED ANNUAL BUDGET FOR OUR RESILIENCE PROGRAMS

	2024-1	2024-2	TOTAL 2024
Capacity	45 people 10 days	45 people 6 days	
Accommodation (full board)	€63,000	€38,000 €	
Transportation	€12,000	€12,000	
Activities	€8,000	€4,000	
Therapies	€10,000	€6,000	
Coordination	€7,000	€4,000	
Expert impact study (psychological and traumato- logical assessment)	€25,000 €		TOTAL
TOTAL	€125,000	€64,000	

Project to organize an Innocence in Danger therapeutic center:

We plan to bring an expert, Barbara O. Rothbaum, from the United States to Paris to teach prolonged exposure therapy, which has proved so effective over the past 30 years that it is even considered a cure, with a version adapted for adults and another for children.

In France, therapists are not trained in this field, hence the IED initiative. Between 30 and 50 therapists will be coming to benefit from this training.

Created by Edna B FOA 30 years ago, this therapy is the most effective scientifically-validated treatment protocol for post-traumatic stress disorder, widely used internationally. It is 75% effective, with an 80% improvement in quality of life for those treated.

Therapist training hosted by the American Hospital in Paris (over 4 working days)	2024
Transatlantic airfare, hotel (6 nights), meals, fees	€50,000
Technical and communication expenses	€1,000
Annual training follow-up fees (600 € / month)	€5,000
TOTAL	€56,000